BERT ADAMS SCOUT CAMP

2026

WINTER CAMP PROGRAM GUIDE

2026 Winter Camp Program Guide

BERT ADAMS
SCOUT CAMP

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CONTENTS

01 **At a Glance**

02 **Registration**

03 **Daily Schedule**

06 **Merit Badges**
Field Sports
Handicraft
Life Skills
Nature
Outdoor Skills
Shooting Sports
STEM
Trade Skills

15 **Recreational Programs**
Open Activities
- Handicraft
- Life Skills
- Nature
- Outdoor Activities

Camp-Wide Activities

19 **Klondike Derby**

20 **Camp Dining**

24 **Awards**
Troop Awards
Individual Awards

23 **Adult Programs**

BERT ADAMS SCOUT CAMP

AT A GLANCE

Established in 1927, Bert Adams Scout Camp has modern, comfortable facilities, rolling fields, and shady campsites. Our winter camp program has a wide variety of activities, and expert staff, meaning you can choose the adventure that is perfect for you.

86
Merit badges available in 2025

67
Staff members dedicated to you

98
Seasons of experiences delivered!

FACILITIES

1300 Acres in the beautiful Georgia Piedmont, great for biking!

29 Campsites; including our modern Adventure Camp sites

mid-high 50s Typical winter daytime high temperatures with nighttime lows in the 30's

2 Bridges over our breathtaking lake, perfect for fishing

6 Buildings with free Wi-Fi access

NEW FOR 2026!

New Merit Badges: Artificial Intelligence, Plant Science, Landscape Architecture, Scouting Heritage, Exploration, and Wildland Management & Fire Safety join our lineup of 86 merit badges available this year.

Have a little fun earning our spoof merit badge, Ice Age Studies!

REGISTRATION

Merit badge and select program registration takes place on our online platform at https://www.scoutingevent.com/092-Winter26. More information to come on class registration.

Program registration dates open to registered units that are current with their initial deposit and November payment at staggered time slots. Merit badge registration opens on November 9th at 9:00 AM.

December 2026
Sunday the 27th to Thursday the 31st

Bert Adams offers a lot of programs, but don't feel that you must schedule something every period of every day. While each morning and afternoon advancement block will be filled with merit badge classes, troops can choose to participate in our evening activities or plan their own evening activities. Evening programs don't require pre-registration.

Although our online system is the best way to get your Scouts signed up for the programs they want, there will be a drop/add opportunity after the Opening Campfire on Saturday night for late additions or Scouts desiring a last minute change to their schedule.

PROGRAM VALUE

Our outlook on fees is very different from most camps; other than handcraft kits, our basic camp fee covers all activities at camp. No extra fees to get in the way of fun!

Art/Pottery/Sculpture $0
Caving Adventure $0
Metalwork $0
Shooting Sports $0
Trade Skills $0

Some merit badges, such as Space Exploration and Basketry, **require a kit** to be purchased for completing required projects.

Recommended budgets are noted on merit badge listing pages.

All kits are available in the Trading Post.

DAILY SCHEDULE

Bert Adams Scout Camp programs are split into **three blocks of time: morning, afternoon, and evening**. Each block provides a different type of program experience for Scouts, making their time at Bert Adams productive for advancement as well as fun!

Check In Day Schedule

Check-In 1pm - 3pm	FLAGS 5:45 PM	DINNER 6:00 PM	Campfire 8:00 PM

Daily Schedule: Monday - Wednesday

FLAGS 7:30	BREAKFAST 7:45 AM	Morning Session 8:45-11:45	LUNCH 12:15 PM	Afternoon Session 1:45-4:45	FLAGS 5:45 PM	DINNER 6:00 PM	Evening Activities TBA

MORNING & AFTERNOON SESSIONS | ADVANCEMENT

Mornings & afternoons are dedicated to advancement through our comprehensive offers of 70+ merit badges. Scouts can complete all or most of a merit badge in one or two sessions! **Note: Some merit badges require all day attendance to complete the requirements**. These are noted in the Winter Camp Merit Badge Requirement List available on the Bert Adams website.

EVENING ACTIVITIES | TROOP & PATROL TIME

After dinner, there is a planned activity for your Troops to participate in. From opening and closing campfires to our famous Klondike Derby and our 3rd Annual Polar Bear Plunge, there are many activities your troop will want to attend together.

MERIT BADGES

The Bert Adams staff is committed to delivering quality merit badge sessions where Scouts complete the requirements as stated. Our goal is that they have fun and learn at the same time. We offer a wide variety of merit badges and activities.

While Scouts should take merit badges they are interested in, many merit badges are academically and physically demanding. Please allow your Scouts to have an enjoyable week by encouraging them to sign up for a variety of age appropriate merit badges that they will be motivated to enjoy and complete.

MERIT BADGE SESSIONS

Merit badge sessions are held in block session format; morning session 8:45 - 11:45 and afternoon session 1:45 - 4:45. Some sessions require attendance of both morning and afternoon sessions.

Some merit badges, may require pre- or post-work to be completed. Scouts can choose to complete requirements ahead of camp, but must bring in evidence to show the merit badge instructor so they can be included on the requirement sheet.

Range & Target Activities (RATA) merit badges require afternoon or evening time for target qualification and rifle cleaning. Scouts taking these badges should plan on using one or more afternoons to complete their requirements.

RECOMMENDED FOR ALL SCOUTS

PERSONAL FITNESS

CYCLING

GOLF (Disc Golf Requirements Covered)

SPORTS & ATHLETICS

Special Note from the Bert Adams Staff:

Adult Leaders and Youth are more than welcome to bring your own bicycles. **You will need to bring your own protective equipment.** If your bike needs small repairs, you may take it to the bike shop from 3:00pm-5:00pm on arrival day to see if they can help.

We have and can lend bikes and helmets on a **limited basis** starting on arrival day from 3:00pm-5:00 pm. You will be able to use the bike and/or helmet for the remainder of the event.

Can be completed in full at camp.

Some requirements must be completed outside of camp.

FIELD SPORTS

Join the Field Sports staff in learning about Personal Fitness and taking part in earning various sporting merit badges. Bike rentals are available for those who do not own one at the beginning of the week; there will be an item of note during the Friday flag lowering with further details.

RECOMMENDED FOR ALL SCOUTS

ANIMATION

THEATER

PULP & PAPER

MUSIC

ART

MOVIEMAKING & PHOTOGRAPHY

POTTERY & SCULPTURE

*LEATHERWORK & *WOODCARVING

Budget $20 & Budget $25

Wood Carving and Leatherwork merit badges may require time spent outside of class to complete.

*May require purchase of a kit at the Trading Post depending on what project the Scout chooses.

Can be completed in full at camp.

Some requirements must be completed outside of camp.

HANDICRAFT

Bert Adams Handicraft program area is an artist's mecca where Scouts can explore their creative side. We offer merit badge classes as a formal morning session or in the afternoons.

RECOMMENDED FOR ALL SCOUTS

CHESS

DISABILITIES AWARENESS

FIRST AID

Important Note:
First Aid required to bring:
Personal First Aid Kit

RECOMMENDED FOR 2ND YEAR SCOUTS

LAW

SALESMANSHIP

EMERGENCY PREPAREDNESS

PERSONAL MANAGEMENT

CITIZENSHIP IN THE COMMUNITY

RECOMMENDED FOR 3RD YEAR+ SCOUTS

CITIZENSHIP IN THE NATION

CITIZENSHIP IN THE WORLD

COMMUNICATION

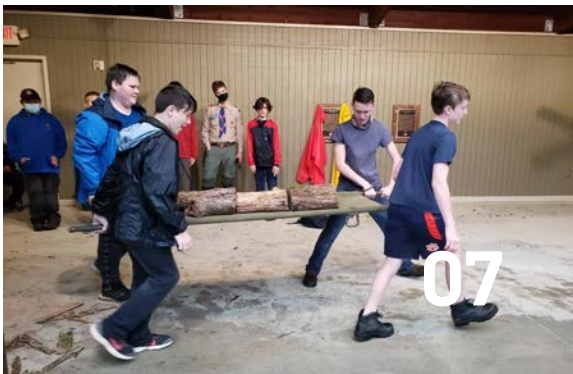
PUBLIC HEALTH

Can be completed in full at camp.

Some requirements must be completed outside of camp.

LIFE SKILLS

The Life Skills staff at Bert Adams cover a wide variety of topics, from the more fun classes like Chess and Pulp & Paper to the more serious but ever-important merit badges like First Aid and Citizenship in the World. Explore your musical side and attend Open Mic/Open Jam on Sunday afternoon!



RECOMMENDED FOR ALL SCOUTS

ANIMAL SCIENCE

WEATHER

PLANT SCIENCE

NEW

GEOLOGY

MAMMAL STUDY

ARTIFICIAL INTELLIGENCE

NEW

RECOMMENDED FOR 2ND YEAR+ SCOUTS

ARCHAEOLOGY
Requires out of class fieldwork

ASTRONOMY
Requires evening observation time

SOIL & WATER CONSERVATION

OCEANOGRAPHY

FISHING & FLY FISHING & FISH AND WILDLIFE MANAGEMENT

Fishing poles are available for use during instruction, must bring own tackle.

These can be completed at camp only if the scout catches a fish.

Complete all 3 Merit Badges, and earn the Complete Angler Award!

RECOMMENDED FOR 3RD YEAR+ SCOUTS

ENVIRONMENTAL SCIENCE

SUSTAINABILITY

LANDSCAPE ARCHITECTURE

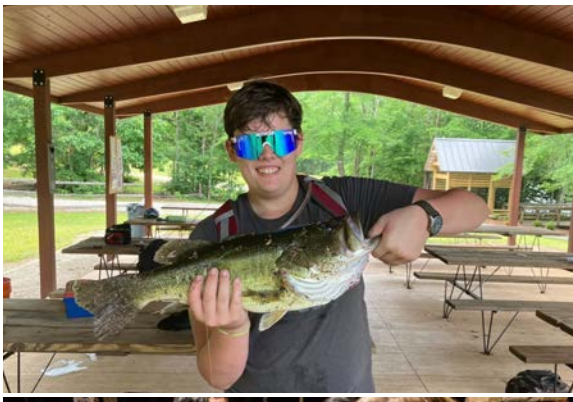
NEW

Can be completed in full at camp.

Some requirements must be completed outside of camp.

NATURE

Join the Nature/Ecology Staff at the Langford Nature Lodge at Bert Adams, a state-of-the-art facility. Many Nature merit badges are academic but exciting. Some Nature merit badges require extensive fieldwork or projects, some of which may need completion pre- or post-camp.



RECOMMENDED FOR ALL SCOUTS

CAMPING

SIGNS, SIGNALS, & CODES

SCOUTING HERITAGE NEW

RECOMMENDED FOR 2ND YEAR+ SCOUTS

COOKING

BACKPACKING & HIKING

EXPLORATION NEW

PIONEERING

ORIENTEERING

WILDERNESS SURVIVAL

Important Note:
Wilderness Survival Required to bring:
10 essentials
Items to make personal first aid kit
items to make survival kit

RECOMMENDED FOR 3RD YEAR+ SCOUTS

NEW

WILDLAND MANAGEMENT & FIRE SAFETY

SEARCH & RESCUE

METALWORK

Important Note:
Metalwork requires scouts to wear jeans and close toed shoes. Long hair must be pulled back.

Can be completed in full at camp.

Some requirements must be completed outside of camp.

OUTDOOR SKILLS

Outdoor Skills merit badges lie at the heart of Scouting's outdoor camping program. In addition to traditional outdoor Scout skills, the merit badge offerings have expanded to include many new merit badges that appeal to modern camping enthusiasts.

RANGE & TARGET ACTIVITIES

Bert Adams offers instruction in Archery, Rifle Shooting, and Shotgun Shooting merit badges under the direction of Scouting America National Camping School Shooting Sports Directors, National Rifle Association, and USA Archery accredited instructors. Scouts will learn how to handle and work firearms safely with our dedicated, experienced staff.

RECOMMENDED FOR ALL SCOUTS

ARCHERY

RIFLE SHOOTING

RECOMMENDED FOR 2ND YEAR+ SCOUTS

SHOTGUN SHOOTING

Must be able to demonstrate proper safe handling and operation of a shotgun.

Important Note:

All Range & Target Activity merit badges require scouts to bring a filled water bottle with a lid (not a bladder) and a writing utensil, and closed toed shoes

Scouts may want to commit additional time to develop shooting skills and complete the shooting qualification requirements.

The camp provides all equipment and supplies for Range and Target Activities. Please do not bring personal firearms or archery gear to camp.

Can be completed in full at camp.

Some requirements must be completed outside of camp.

RECOMMENDED FOR ALL SCOUTS

CHEMISTRY

DIGITAL TECHNOLOGY

ELECTRONICS

ENGINEERING

ENERGY

GAME DESIGN

INVENTING

NUCLEAR SCIENCE

PROGRAMMING

RAILROADING

ROBOTICS

*SPACE EXPLORATION
Budget $15

*Requires purchase of a kit at the Trading Post.

Can be completed in full at camp.

Some requirements must be completed outside of camp.

STEM

Ranging from Chemistry to Space Exploration, the Bert Adams STEM program provides all the technological support, excited, experienced staff, and fun, engaging classes throughout the day to explore the entirety of the ever-changing, fast-paced world of science, technology, engineering and math.

RECOMMENDED FOR 2ND YEAR+ SCOUTS

FARM MECHANICS

***HOME REPAIRS & PAINTING & ELECTRICITY**

***AUTOMOTIVE MAINTENANCE**

***PLUMBING**

*Must be 13 yrs old
*Bring work clothes
*Must wear jeans & closed toed shoes

RECOMMENDED FOR 3RD YEAR+ SCOUTS

***WELDING**

***WOODWORK**

*Must be 13 yrs old
*Bring work clothes
*Must wear jeans & closed toed shoes

Can be completed in full at camp.

Some requirements must be completed outside of camp.

TRADE SKILLS

The Trade Skills program at Bert Adams is unique to Winter Camp. With merit badges like Automotive Maintenance and Plumbing, scouts will have the opportunity to learn skills that they will likely have the opportunity to use throughout the rest of their lives.

RECREATIONAL PROGRAMS

OPEN PROGRAMS

At Bert Adams, evenings become less structured for those who desire a little more freedom. This is the time to experience new challenges, build teams and hone skills in many different program areas. Here are the open programs offered at Winter Camp:

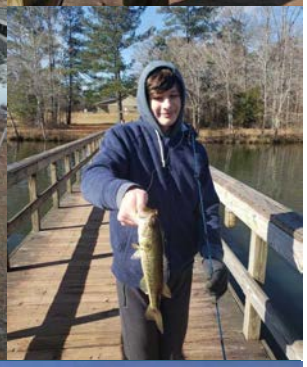
- Open Mic/Jam
- Star Party
- Polar Bear Plunge
- Open Rifle Shoot
- Open RC Car Racing
- Open Branding & Firemaster
- Spoof MB

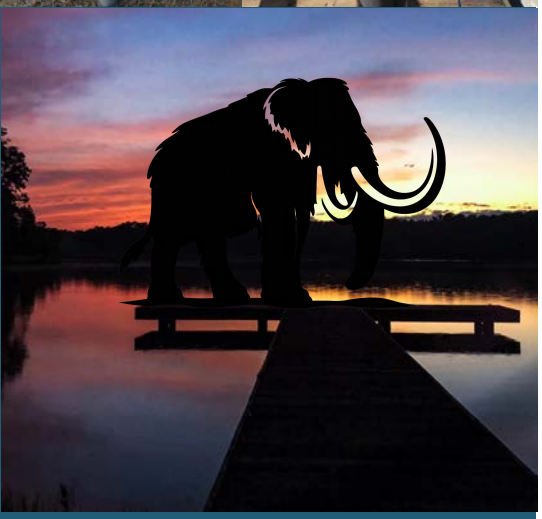
CAMP-WIDE PROGRAMS

In the evenings, you'll find that there are many program options for scouts and leaders alike. Join us as we kick off the week with opening campfire, where we will get to know the Bert Adams staff, sing songs, and see lots of great skits! Here are some other things to look forward to throughout the week:

- OA Social
- Klondike Derby
- Campsite Decorating contest
- Movie & Game Night
- New Year's Ice Cream Social
- Closing Campfire

Keep reading to find details about the above activities and more!





OPEN ACTIVITIES

AQUATICS

POLAR BEAR PLUNGE

Brave souls who love arctic adventure should come to the pool at 7 pm for a **refreshing plunge and challenge**. All swimming levels may participate.

HANDICRAFT/LIFE SKILLS

OPEN MIC/OPEN JAM

Channel your musical side at Fort Brumley for this **open mic and jam session**! Scouts can bring their own musical instruments, including their voice, and get their jam on with friends and camp staff.

NATURE

Visit the Nature Lodge to learn about the **environment and wildlife** around the camp. Many species that live on the camp property are on display. Go fishing at the lake, walk the nature trail, or observe the constellations on a clear night away from the city lights.

FISHING & SNAGGIN' WITH RICK

Fishing is available at Bert Adams at our fabulous fresh water lake. Fish with a buddy or join our master angler, Rick, for an enhanced fishing experience! Fish from the bridge or most parts of the shoreline. You will need to bring your own fishing pole and tackle. **A fishing license is not required**. We practice catch and release; however, it is permissible to keep a fish to complete merit badge requirements while at camp.

STAR PARTY

Join the Nature staff for an evening **under the stars**. Those signed up for **Astronomy Merit Badge** are encouraged to participate in this event. If you have taken Astronomy and have a partial because you were unable to complete the star party requirements, please join us!

ICE AGE STUDIES

Take a deep dive into the world of the Ice Age and earn this elusive **spoof merit badge**.

OUTDOOR ACTIVITIES

DISC GOLF

Come play disc golf on our Bert Adams course. Bring your own discs or pick up needed supplies at the Henderson Pavilion.

TRAIL BIKING

Experience some of the best on-site trail biking in Scouting. Take a ride around the Diamond J trail. We have bikes available to check out on a first come, first serve basis. We encourage everyone to bring a bike and helmet to camp.

BERT ADAMS HIKER

Take a hike! Walk the Bert Adams Diamond J Trail from the camp entrance, around the camp, and back again. Stop by the camp office to pick up a map. Complete the Diamond J trail and take a picture at least 3 selfie spots to qualify for the Bert Adams Hiker Award. Pick up details at the camp office.

GEOCACHING

Try out geocaching, a high-tech treasure hunt using GPS devices, during your week at camp. There are ten geocaches to find around camp. Really like geocaching? Try for the Bert Adams Geocaching Challenge. You will need a GPS or a cellular device with GPS to participate. Find more detailed information in the camp office.

ORIENTEERING COURSE

Navigate Bert Adams Orienteering course using a detailed map and a compass to find a series of control points on camp. Stop by the office to pick up the Orienteering Course coordinates. This course satisfies the first class orienteering requirements.

GA-GA

Ga-Ga is a fast paced, high energy version of dodgeball, played in an octagonal pit. Participants try to hit other competitors below the knee with a large rubber ball. If you're hit, you're out; last gaga player standing wins. You can find our Ga-Ga pits over by the pool.

CAMP-WIDE ACTIVITIES

SUNDAY

CHECK-IN
After checking in, your unit will embark on a tour, led by a Bert Adams Troop Guide. The tour includes the Dining Hall, Health Forms, Campsite, & Hard Shelter.

CAMPSITE DECORATING
All are invited to decorate your campsite with any scout appropriate holiday decorations. (Avoid any permanent changes, markings, or damage. All decor must be taken down by the unit before departure (Leave No Trace).

OPENING CAMPFIRE
Meet us at the flagpole and follow us to the amphitheatre as we kick off a great week of camp! Enjoy skits and songs and meet our camp staff.

MONDAY

KLONDIKE DERBY
Klondike Derby is a great event that will get Scouts outside and moving during Winter Camp. Troops will need to provide their own Klondike cart. The Derby involves a competition-based rotation where units can put their skills to the test against other units attending Winter Camp.

TUESDAY

MOVIE & GAME NIGHT
The entire Camp will enjoy hot chocolate at a Wednesday night cracker barrel! Don't miss this treat. A movie will be shown and board games will be available on the Buffalo side of the Dining Hall.

ORDER OF THE ARROW PATCH TRADING & TRADING POST NIGHT
This Order of the Arrow reception (with ice cream!) and patch trading will occur on the Elk side of the Dining Hall. Bring your patches to trade with Scouts from around the country, or spend some money in our Lodge Trading Post. All Arrowmen should bring their OA Sash to wear.

WEDNESDAY

CLOSING CAMPFIRE
Now it's your turn to be a part of our campfire program! Troops should submit a skit to the Staff SPL at Tom's Diner on Friday starting at 1:00 pm. Awards will be given out as we celebrate this week's accomplishments!

NEW YEAR'S ICE CREAM SOCIAL
Join us in the Dining Hall on Friday after Closing Campfire for a treat!

KLONDIKE DERBY

KLONDIKE QUEST

The highlight of Winter Camp will be our annual Klondike Quest. This will give each Troop/Patrol the opportunity to challenge one another in a competition to test their Scout Skills. Each team will be challenged as they proceed through the Bert Adams 'Towns' along the trail of the 2026 AAC Klondike Derby.

GUIDELINES

In order to prepare for the Klondike, each competing Troop/ Patrol should build a Klondike Derby sled to use during the competition. Here are some rules that must be followed:

- ✔ The Klondike sled must carry **at least one Scout** throughout the Klondike Derby as the Team progresses from Town to Town.
- ✔ Upon arriving at each Town, the Team must announce itself with a **Patrol Yell**. Upon completing the competition in the Town, the Team must finish with its Patrol Yell signifying that it is ready to move on to the next Town.
- ✔ **Wheels** can be used on the Klondike sleds during the traveling from Town to Town.
- ✔ Each Team shall carry the **10 Essentials of Scouting** with them during the competition. Any other equipment needed for the competition will be provided for at the Towns.
- ✔ Each Team will be graded for the competition in each Town for **accuracy**, **neatness** and adherence to the **Scout Law** and successful **completion** of the challenge in each town.

The Starting Point is outside of Staff HQ. There will be a starting sound around 7pm. You MUST have a sled to participate, and someone must be riding in the sled as you approach the different program areas.

When you have collected all SEVEN tokens you will meet our Bert Adams SPL and STAFF members outside the office, under the dining hall! If you do not have all the tokens when you meet our staff outside the office, you will be SENT BACK to figure out which area you are missing and collect that token.

THIS IS A TIMED RACE!

The first, second, and third place winners will be announced at closing campfire.

If provisionals are interested in teaming up, the camp will provide a Klondike cart for those that wish to participate.

CAMP DINING

DINING IN THE LOVE DINING HALL

At Bert Adams, our approach to eating is a little different than most Scout camps. We have our own in house staff, who will concentrate on providing nutritious and filling food for our guests.

All of our meals are served in our dining hall delivered through serving style lanes served by our camp staff. There will be many choices on the line. This allows Scouts and adult leaders to get the food they want and the amount they need to fill up. You can return for seconds or thirds if you desire.

A full salad bar and peanut butter and jelly sandwiches are available as well! Troops are assigned seating during the Dining Hall orientation on Sunday. Woodruff uses troop waiters to assist in table setup and cleanup in the Dining Hall.

All Scouts and Leaders who have special dietary needs, allergies, or restrictions must complete the online Dietary Allergy Form found at Special Diet Request Form at least 2 weeks before Winter Camp as needed for each person attending.

The kitchen staff is prepared to handle most dietary restrictions, including vegetarian, vegan, gluten-free, and peanut allergy. Other less common dietary restrictions will need to be addressed prior to arrival.

Though the kitchen staff has alternative food options for your Scouts and Leaders with restrictions, and will work with them as much as possible to provide healthy, safe alternatives, we know that some individuals will have supplemental food that they would like to bring. If you choose to bring your own food, you will need to store and prepare any special foods in your campsite. Due to health department regulations, troops or individuals cannot access the camp kitchen to store or prepare special meals.

TROOP AWARDS

HONOR TROOP AWARD

Bert Adams challenges all troops to show its Scouting spirit and earn the Honor Troop Award. Requirements are based on criteria deemed instrumental for a troop to have a great week at camp.

INDIVIDUAL AWARDS

BERT ADAMS GEOCACHING CHALLENGE

Explore Bert Adams while completing the Geocaching Challenge, a high-tech treasure hunting game played by adventure seekers equipped with GPS devices. You will need a GPS or a cellular device with GPS to participate in the Geocaching Challenge.

BERT ADAMS HIKER AWARD

Bert Adams maintains a trail called the Diamond J, and it is ready for you to explore! Stop by the camp office to pick up a map. Complete the Diamond J trail and take a picture at a minimum of 3 selfie spots to qualify for the Bert Adams Hiker Award. Bring your evidence to the office to let us know you have completed the requirements for the award.

BERT ADAMS FIREMASTER

This award is sure to be hot this winter. Compete to build fires four different ways to capture this tough and prestigious award.

BERT ADAMS RANGE & TARGET ACTIVITIES AWARDS

Join our Range & Target Activities (RATA) Staff and sharpen your skills at any of our ranges. See if you can meet the challenges put forth and earn one of many individual Bert Adams exclusive awards.

COMPLETE ANGLER AWARD

If you earn the Fishing, Fly Fishing, and Fish and Wildlife Merit Badges, you will also earn this prestigious award!

ADULT PROGRAMS

Adult leaders don't have to sit on the sidelines and watch their Scouts have all the fun. Bert Adams offers a number of opportunities for adult leaders while in camp.

ACTIVITIES

While we want you to spend as much time as possible with your Scouts at camp, we have some activities just for adults while your Scouts are in their instructional periods. Every day has a new adventure. Pick an old favorite or try something new, adults get to play at Bert Adams, too!

SERVICE

Do you have a heart for serving while at camp? There are a number of opportunities at Bert Adams. Assist as a camp commissioner, help in the dining hall or complete minor repairs during the week. if you have a special skill, we would love to hear from you.

AMENITIES

Just because you are at camp doesn't mean you have to rough it. There are lots of amenities provided for adults at Bert Adams to make your stay more comfortable and productive.

TRAINING

Adult leaders don't have to sit on the sidelines and watch their Scouts have all the fun. Winter Camp offers a number of opportunities for adult leaders including training, teaching, challenges and fun!
Class registration for the training courses are open at the same time, and in the same place, as the Merit Badge registration. Please see the Program Guide for the specific dates and times for training.

AMERICAN RED CROSS WILDERNESS FIRST AID

Take your standard first aid skills to a **higher level**. Are you planning a trip to the backcountry where rescue may be hours away? You might find yourself in a situation requiring not only first aid, but also care until evacuation or rescue.

Participants, who complete all course requirements, receive a **two-year American Red Cross certification**. The course requires that all participants **complete 16 hours** of training that include classroom and outdoor sessions. Homework will also be required which can be completed during down time at camp. This course is open to all adult leaders.

To be **fully certified** for Wilderness First Aid, participants must already be certified in Cardiopulmonary Resuscitation (CPR) and First Aid training through the American Red Cross (ARC) or the American Heart Association (AHA). Online courses **do not qualify,** you must attend and pass an in-person skills session for Adult CPR/AED. Submit certification documents at registration.

Fee: $85 per participant

BACKCOUNTRY CHEF (ADULT COOKING CLASS)

For Scouters whose camp cooking is ready for a glow up, Backcountry Chef is for you. Sauté, braise, and bake your way to campsite cooking that elevates your skills. Recharge your energy for **outdoor cooking**, including how to **provision your patrol box**, how to **stage** and **execute meal and cooking planning**, and adopt **practical techniques** that take your outdoor dining from just "meh" to "oh, yum!"

Fee: $15 per participant

MESH TRAINING

Mental, Emotional, Social Health Training designed to **prepare** adult and troop leaders to **support the mental health of scouts** in their unit. MESH concepts are presented and explained in an easy-to-understand format with **tips and techniques** to help get scouts the help they need. Topics include **recognizing, supporting, and advocating** for anyone who is experiencing a MESH-related challenge.

AMERICAN RED CROSS CPR W/AED & FIRST AID

This training equips you with the **skills to provide immediate care**, such as **basic first aid**, **chest compressions** and **using an AED**, until professional medical help arrives. Upon completion of this course, attendees will be American Red Cross (ARC) certified in Cardiopulmonary Resuscitation (CPR) and First Aid for **two years**. The course requires 2.5 hours to complete.

Fee: $65 per participant