Assembled Den Meeting Plan – LION (Kindergarten)

This ***Assembled* Den Meeting Plan** combines ideas from Lion Adventures Den Meeting Resources found at Scouting.Org or from the requirements themselves, into the parts of a quality Den Meeting, which are **Preparation** (plan + collect materials needed), **Gathering** (something for early arrivals to do), **Opening** (a ceremony to start), then **Activities** (an Activities Intro chat, followed by a series of activities, ideally alternating quiet and energetic fun), **Closing + Recognition** (ceremony), and **After the Meeting** (follow up) …

Lion – Kindergarten

I'll Do It Myself

A "Self-Reliance" Adventure

ELECTIVE (2 "electives" are needed to earn the Rank of Lion)

Snapshot of Adventure. Establishing good habits of hygiene and self-reliance is the focus of this Adventure.

The QR Code above takes you to scouting.org/cub-scout-adventures/ill-do-it-myself/ ↑

This Den Meeting Plan adapts Activity content from that Scouting.org link with other fun, simple, easy ideas. For more, see the Adventure Resources at the end of this Plan for a menu of activity options at that link.

Requirements from the Lion Handbook

1. **Make and use a "lion bag" for personal Scouting gear.**
2. **Construct a personal care checklist.**
3. **Put on your shoes without help. Take them off and put them away.**

Meeting Plan

Does this take one Meeting to complete – or more? It's up to the Parents / Leaders! As written, you can do this in a single 60-minute session, but this could be a short meeting. But it needs fun games!

PREPARATION (and materials needed): Read the I'll Do It Myself Adventure in the Lion Handbook.

- As always, decide whether you like any of the "Activity Card" options for the Requirements or the suggested activities below or some other way to deliver this Adventure.
  - When you decide, check the materials and supplies you need.

A Tip About Den Meetings for Kindergarten Kids:

- Which is better? Classroom or Playground? ***Yes, Playground!***
  - Better for the Scouts – they'll know what to do at a Playground.
  - Better for the Parents – while the Scouts play you can finalize your plans for the next part of your Cub Scout Adventure content today.
- If Scouting is "*A Game with a Purpose*", maybe Lion Dens are "*A Play Date with a Purpose*" – and there's nothing wrong with combining fun with meaning + values!
  - Maybe visit multiple playgrounds during your Lion Year – adult partners to host.



GATHERING: A "gathering" activity is to keep Scouts occupied as the rest of the den arrives. *What you do will depend on your location and leadership resources*.

- Use gathering time to connect with adults and "share the leader load": everyone can help with something! A good approach is for different parents (or teams) to share the "lead" of parts of the Adventure below.

OPENING: (Parent leader: _____) An Opening ceremony says, "we've begun" and helps set the tone.

- Maybe: a simple ceremony you like that includes the Pledge of Allegiance and the Scout Oath and/or Law.

ACTIVITIES (See also other Activities linked at Adventure Resources – use those if you like them):

🔶**Activity Intro:** (Parent leader: _____) As you move into Activities, have some "talk time" where you (1) discuss today's Adventure activities (what you'll do, how you'll do it – share in a way to get the Scouts excited) and (2) let each of the Scouts share "what's new" with them and get to know each other better.

🔶**Activity 1: Make A "Lion Bag" (Requirement 1: *"Make and use a "lion bag" for personal Scouting gear."*)** (Parent leader: _____)

The Adventure Resources offer Activity Cards of Decorating My Lion Bag (Buy Bags from ScoutShop and Put Initials On Them) and My Lion Bag (Felt and Fabric Paint to Make a Hanging Bag). Use what you like – or something else. The plan below adapts the *idea* of Decorating My Lion Bag and the Requirement.

- On the main page of the Adventure, the intro to Decorating My Lion Bag says "*Decorate reusable shopping bag to make a Lion bag*", but when you click through it's telling you to buy bags from ScoutShop.
  - If you like those bags, buy those bags.
  - If not, let's look at "*Decorate reusable shopping bag to make a Lion bag*".
- This activity uses reusable paper bags that Scouts can decorate and claim as their own Lion bag.
  - Have bags and crayons, maybe also duct tape to reinforce if needed.
- Gather the Scouts and adult partners and share with them that part of being a good Scout is taking care of your things.
- One way to take care of your things is to have a place to put them when you are not using them.
- Your Lion Handbook, your neckerchief, your neckerchief slide, your Cub Scout belt and Adventure belt loops can all be put away properly in a Lion bag.



- Share reusable paper bags with handles and crayons.
- Have Scouts write their names or initials on their Lion bag so they can properly identify it – more decoration is great!

🔶**Activity 2: Your Personal Care Checklist (Requirement 2: *"Construct a personal care checklist."*)** (Parent leader: _____)

The Adventure Resources offer Activity Cards of My Lion Morning and Evening (Handbook Exercise) and The Doctor Tells Us To (Medical Guest Speaking). Use what you like – or something else. The plan below adapts the substance of My Lion Morning and Evening and the Requirement.

- Gather the Scouts and adult partners and share with them that as a Scout we should take care of ourselves.
  - Tell them that there are things you can do every morning to get ready for the day …
  - … and things you can do every night to get ready for bed.
- Parents have certainly discussed this with your Scout, but as part of the process of increasing their "**I'll Do It Myself!**" independence, talk about what tasks your Scouts can do to take care of himself/herself.
  - Parents should know what next steps you want your Scouts to take and list things they can do for themselves without being told.

- Handbook ideas include:
  - using the bathroom, brushing teeth, getting dressed, eating breakfast, packing their backpack for school, bathing, putting on pajamas, brushing teeth again, bathroom again.
- How about:
  - brushing hair, putting on shoes, putting toys away, feeding a pet, putting clothes away, clearing dishes from the table?



🔶**Activity 3: Shoes! (Requirement 3: *"Put on your shoes without help. Take them off and put them away."*)**
(Parent leader: _____)

The Adventure Resources offer Activity Cards of Are Those My Shoes? (Take Off Your Shoes – Throw Them In A Pile – Go Get 'Em!) and Shoes On or Shoes Off? (Shoe Etiquette in Many Homes). Use what you like – or something else. The plan below adapts the substance of Are Those My Shoes? because fun!

- Before playing the game, share with the Scouts that they are old enough to learn how to take care of their shoes and being able to put them on and off on their own.
  - Ask Scouts where they put their shoes when they are not wearing them.
  - If needed, have adult partners work with their Scouts for a few minutes to have the Scouts properly take off and put on their shoes before playing the game.
- Play several rounds of the "Are Those My Shoes?" game.
- This is a game where everyone takes their shoes off and mixes them in a pile.
  - Then on a signal, they run to the pile to find and put on their shoes.
- Tip: if any of your Scouts wear the same type of shoe, be sure adult partners have marked them, so they go home with the correct shoes.
- Bonus Tip: do this with adult partners too!
- Bonus Bonus Tip: Play where Scouts find (and put on) their adult partner's shoes, and adults find (and try to put on) their Scout's shoes!



If you like, share some added shoe etiquette.

- Share with Scouts and adult partners that in many parts of Asia, Eastern Europe, and the Middle East, shoes are never worn inside homes, and it can be seen as a sign of disrespect for guests to enter a host's home without leaving their shoes at the door.
  - If you go to a friend's house, you should ask if it is OK to keep your shoes on.
  - For some, this is a tradition that may be based on keeping the home a sacred place.
  - It may also be based on keeping outside dirt from entering the house!

◆Activity 4: [*OPTION*: Fun Game We Like (Parent leader: _____):



If this meeting is too dry or the games in the Activity Cards in Adventure Resources don't resonate with you as something your Scouts will like, you can turn up the "Fun Meter" and play a game or some other Fun Activity you like. Some ideas here.

CLOSING: A Closing ceremony ends the meeting and highlights the achievements. A Den leader can reflect on the meeting + praise Scouts for specific good actions today. Thank every Parent who helped.

- If you have them, award Loops to all who completed the requirements. Maybe end with a "Living Circle".

AFTER THE MEETING: Clean up as needed. Share refreshments if that's what you like.

Upon completion of this Adventure, your Lions will have earned the Adventure Loop for it. Make sure they are recognized for their completion by presenting the Adventure Loops, to be worn on their belts, as soon as possible according to your pack's tradition. Text or email all Den parents to share these resources for future reference and so parents of Scouts who could not attend may complete this Adventure from home.

ADVENTURE RESOURCES: Den Meeting Resources and "Activity Card" options for this Adventure are found at https://www.scouting.org/cub-scout-adventures/ill-do-it-myself/. Those resources include the Snapshot of Adventure (included above), a "Safety Moment" of tips and links about doing this safely, and, for each Requirement, one or more "Activity Cards" you can click on for an activity to complete the Requirement.

Those "Activity Card" pages are linked below – along with the "Key" scoring of (a) whether the Activity must be done Outdoors, may be done Indoors, or involves Travel; (b) how much Energy Scouts will generate; (c) How "Supply Intensive"; and (d) Prep Time – those last 3 categories are scored on a 1 to 5 scale, with 5 being "most". Note that while that website page says, "Choose one of the following" before the "Activity Cards", what that means is "Choose one of the following – *or do some other activity that will meet the Requirement*", because the Requirements are required, not the Activity Cards. In the Assembled Den Meeting Plan above we have adapted some of what's below or other ways to complete the requirement in easier ways.

1. **Make and use a "lion bag" for personal Scouting gear.**
   - Decorating My Lion Bag (Indoor; **2** of 5 Energy; **3** of 5 Supplies; **2** of 5 Prep Time)
   - My Lion Bag (Indoor; **2** of 5 Energy; **3** of 5 Supplies; **3** of 5 Prep Time)
2. **Construct a personal care checklist.**
   - My Lion Morning and Evening (Indoor; **2** of 5 Energy; **2** of 5 Supplies; **2** of 5 Prep Time)
   - The Doctor Tells Us To (Indoor; **1** of 5 Energy; **1** of 5 Supplies; **5** of 5 Prep Time)
3. **Put on your shoes without help. Take them off and put them away.**
   - Are Those My Shoes? (Indoor; **4** of 5 Energy; **1** of 5 Supplies; **1** of 5 Prep Time)
   - Shoes On or Shoes Off? (Indoor; **3** of 5 Energy; **1** of 5 Supplies; **1** of 5 Prep Time)