Assembled Den Meeting Plan – LION (Kindergarten)

This ***Assembled* Den Meeting Plan** combines activities from Lion Adventures Den Meeting Resources found at Scouting.Org or from the requirements themselves, into the parts of a quality Den Meeting, which are **Preparation** (plan + collect materials needed), **Gathering** (something for early arrivals to do), **Opening** (a ceremony to start), then **Activities** (an Activities Intro chat, followed by a series of activities, ideally alternating quiet and energetic fun), **Closing + Recognition** (ceremony), and **After the Meeting** (follow up) …

Lion – Kindergarten

Mountain Lion

An "Outdoors" Adventure

REQUIRED (An Adventure "Required" to earn the Rank of Lion)



Snapshot of Adventure. Lions and adult partners will take a walk to explore the outdoors. Along the way, they will see and identify things that are natural and things that are man-made.

The QR Code to the right takes you to scouting.org/cub-scout-adventures/mountain-lion/ ➔

This Den Meeting Plan adapts Activity content from that Scouting.org link with other fun, simple, easy ideas. For more, see Adventure Resources at the end of this Plan for a menu of activity options at that link.

Requirements from the Lion Handbook

1. **Identify the Cub Scout Six Essentials. Show what you do with each item.**
2. **With your den, pack, or family, take a walk outside spending at least 20 minutes exploring the outdoors with your Cub Scout Six Essentials. While outside, identify things that you see with your Lion adult partner that are natural and things that are manmade.**
3. **Discover what S.A.W. means.**
4. **Identify common animals that are found where you live. Separate those animals into domesticated and wild.**

Meeting Plan

Does this take one Meeting to complete? Easily "one and done". Want more walking? It's up to the Parents and Leaders and Scouts if you want to Scout out more places at another Den Meeting.

PREPARATION (and materials needed): Read the Mountain Lion Adventure in the Lion Handbook.

- Decide whether you like any "Activity Card" options for the Requirements or the suggested activities below or some other way to deliver this Adventure. When you decide, check the materials + supplies needed.
- Determine where the outdoor walk will take place. This can be in an urban, suburban, or rural setting. This can be where your den typically meets. Bonus if you're likely to see animals.
  - Share plans for the walk with families — location, gear list, food arrangements, etc.
  - Maybe a Map! But you don't need to walk any number of "miles" … this is an Adventure to "explore", even if you're just walking around the block or around the circumference of your schoolyard.
  - It's a good idea to solicit helpers for parts of the adventure – let other parents lead topics as you walk.
- Cub Scout Six Essentials (first-aid kit, filled water bottle, flashlight, trail food, sun protection, and whistle)
  - Families may be able to minimize cost by gathering items from home rather than buying everything new.
- Suggest that families bring their own trail food items: could include raisins, chocolate-coated candies, nuts (check for allergies among Scouts), dried fruit, marshmallows, etc.
  - You might bring plastic sandwich bags to let the Scouts make their own trail mix.

A Tip About Den Meetings for Kindergarten Kids:

- Which is better? Classroom or Playground? ***Yes, Playground!***
  - Better for the Scouts – they'll know what to do at a Playground.
  - Better for the Parents – while the Scouts play you can finalize your plans for the next part of your Cub Scout Adventure content today.
- If Scouting is "*A Game with a Purpose*", maybe Lion Dens are "*A Play Date with a Purpose*" – and there's nothing wrong with combining fun with meaning + values!
  - Maybe visit multiple playgrounds during your Lion Year – adult partners as hosts.



GATHERING: A "gathering" activity is to keep Scouts occupied as the rest of the den arrives. *What you do will depend on your location and leadership resources*.

- Use gathering time to connect with adults and "share the leader load": everyone can help with something! A good approach is for different parents (or teams) to share the "lead" of parts of the Adventure below.

OPENING: (Parent leader: _____) An Opening ceremony says, "we've begun" and helps set the tone.

- Maybe: a simple ceremony you like that includes the Pledge of Allegiance and the Scout Oath and/or Law.

ACTIVITIES (See also other Activities linked at Adventure Resources – use those if you like them):

🔶**Activity Intro:** (Parent leader: _____) As you move into Activities, have some "talk time" where you (1) discuss today's Adventure activities (what you'll do, how you'll do it – share in a way to get the Scouts excited) and (2) let each of the Scouts share "what's new" with them and get to know each other better.

🔶**Activity 1: Six Essentials for an Outdoor Walk (Requirement 1: "***Identify the Cub Scout Six Essentials. Show what you do with each item.***")** (Parent leader: _____)

- Show and Tell (about the) Cub Scout Six Essentials (for more, see: https://vimeo.com/498051015):
  - **First-aid kit**: adhesive bandages, moleskin, gauze, antibiotic ointment, etc.
  - **Water bottle**: filled and large enough to last until it can be filled again.
  - **Trail food**: can be made as a den activity prior to a walk or hike or campout.
  - **Sun protection**: sunscreen of SPF 30 or greater and a hat
  - **Flashlight**: small, for emergency use only
  - **Whistle**: also for emergency use only



- Emphasize the importance of bringing water: Water will keep you happy, healthy, and comfortable. Water is cool, refreshing, and necessary to power you on your walk!

🔶**Activity 2: Walk On! (Requirement 2: "***With your den, pack, or family, take a walk outside spending for at least 20 minutes exploring the outdoors with your Cub Scout Six Essentials. While outside, identify things that you see with your Lion adult partner that are natural and things that are manmade.***")** (Parent leader: _____)

- A walk is fun. But challenge the Scouts to be observant: have them call out what natural things they see on the walk and what manmade things they see on the walk. Easy.

🔶**Activity 3: S.A.W.: Stay Answer Whistle (Requirement 3: "***Discover what S.A.W. means.***")** (Parent leader: _____) Explain:

- In the event you are separated from the group during an outing, you need to know how to stay safe. Help Scouts learn "SAW," and have them practice so they commit it to memory.

S = STAY put! If you move around, you make it harder for people to find you.

A = If you hear your name being called, ANSWER!

W = Blow your WHISTLE. If you try to use your voice to call for help, you will become hoarse, and no one will be able to hear you. But they can hear your whistle. Blow every so often.



- Once you have explained SAW (Stay Answer Whistle), have Scouts demonstrate the three SAW principles.

◆**Activity 4: Lions … and Other Animals (Requirement 4: "***Identify common animals that are found where you live. Separate those animals into domesticated and wild.***")** (Parent leader: _____)

- Ideally while on your walk, have the Scouts call out what animals they see on the walk.
  - Birds, squirrels, fish and more … and insects and spiders and worms and the like are types of animals.
  - Dogs + Cats? You bet. Don't see any? Let Scouts share what wild and domestic animals they've seen.

CLOSING: A Closing ceremony ends the meeting and highlights the achievements. A Den leader can reflect on the meeting + praise Scouts for specific good actions today. Thank every Parent who helped.

- If you have them, award Loops to all who completed the requirements. Maybe end with a "Living Circle".

AFTER THE MEETING: Clean up as needed. Share refreshments if that's what you like.

Upon completion of this Adventure, your Lions will have earned the Adventure Loop for it. Make sure they are recognized for their completion by presenting the Adventure Loops, to be worn on their belts, as soon as possible according to your pack's tradition. Text or email all Den parents to share these resources for future reference and so parents of Scouts who could not attend may complete this Adventure from home.

ADVENTURE RESOURCES: Den Meeting Resources and "Activity Card" options for this Adventure are found at https://www.scouting.org/cub-scout-adventures/mountain-lion/. Those resources include the Snapshot of Adventure (included above), a "Safety Moment" of tips and links about doing this safely, and, for each Requirement, one or more "Activity Cards" you can click on for an activity to complete the Requirement.

Those "Activity Card" pages are linked below – along with the "Key" scoring of (a) whether the Activity must be done Outdoors, may be done Indoors, or involves Travel; (b) how much Energy Scouts will generate; (c) How "Supply Intensive"; and (d) Prep Time – those last 3 categories are scored on a 1 to 5 scale, with 5 being "most". Note that while that website page says "Choose one of the following" before the "Activity Cards", what that means is "Choose one of the following – *or do some other activity that will meet the Requirement*", because the Requirements are required, not the Activity Cards. In the Assembled Den Meeting Plan above we have adapted some of what's below or other ways to complete the requirement in easier ways.

1. **Identify the Cub Scout Six Essentials. Show what you do with each item.**
   - Guess the Cub Scout Six Essential (Indoor; **3** of 5 Energy; **5** of 5 Supplies; **2** of 5 Prep Time)
   - Kim's Game Cub Scout Six Essentials (Indoor; **2** of 5 Energy; **5** of 5 Supplies; **3** of 5 Prep Time)
2. **With your den, pack, or family, take a walk outside spending at least 20 minutes exploring the outdoors with your Cub Scout Six Essentials. While outside, identify things that you see with your Lion adult partner that are natural and things that are manmade.**
   - A Different Point of View (Outdoor; **3** of 5 Energy; **3** of 5 Supplies; **4** of 5 Prep Time)
   - I Spy Something Natural (Outdoor; **3** of 5 Energy; **3** of 5 Supplies; **4** of 5 Prep Time)
   - Outdoor Scavenger Hunt Lion (Outdoor; **3** of 5 Energy; **3** of 5 Supplies; **4** of 5 Prep Time)
3. **Discover what S.A.W. means.**
   - Does My Whistle Work? (Indoor; **2** of 5 Energy; **3** of 5 Supplies; **1** of 5 Prep Time)
   - Reverse Hide and Seek (Outdoor; **4** of 5 Energy; **2** of 5 Supplies; **2** of 5 Prep Time)
   - S.A.W. Maze (Indoor; **2** of 5 Energy; **2** of 5 Supplies; **2** of 5 Prep Time)
4. **Identify common animals that are found where you live. Separate those animals into domesticated and wild.**
   - Animal Craft (Indoor; **2** of 5 Energy; **3** of 5 Supplies; **2** of 5 Prep Time)
   - Visit to Animal Rescue (Travel; **3** of 5 Energy; **1** of 5 Supplies; **5** of 5 Prep Time)
   - Wild or Domestic (Indoor; **2** of 5 Energy; **2** of 5 Supplies; **2** of 5 Prep Time)