Assembled Den Meeting Plan – WEBELOS (4th Grade)

This ***Assembled* Den Meeting Plan** combines ideas from Webelos Adventures Den Meeting Resources found at Scouting.Org (or from the requirements), into the parts of a quality Den Meeting, which are **Preparation** (plan + collect materials needed), **Gathering** (something for early arrivals to do), **Opening** (a ceremony to start), then **Activities** (an Activities Intro chat, followed by a series of activities, ideally alternating quiet and energetic fun), **Closing + Recognition** (ceremony), and **After the Meeting** (follow up) …



Webelos – 4th Grade

My Safety

A "Personal Safety" Adventure

REQUIRED (An Adventure "Required" to earn Webelos Rank)



Snapshot of Adventure: In this Adventure, you will strengthen your ability to keep yourself safe with the "Protect Yourself Rules" and learn ways to keep your home and meeting space safe.

The QR Code to the right takes you to scouting.org/cub-scout-adventures/my-safety/ ➔

This Den Meeting Plan adapts Activity content from that Scouting link with other fun, simple, easy ideas. For more, see the Adventure Resources at the end of this Plan for a list of the suggested Activities at that link.

Requirements from the Webelos Handbook

1. **With permission from your parent or legal guardian, watch the Protect Yourself Rules video for the Webelos rank.**
2. **Identify items in your house that are hazardous and make sure they are stored properly. Identify on the package where it describes what to do if someone is accidentally exposed to them.**
3. **Identify ways you and your family keep your home or your meeting space safe.**
4. **Complete the Be Prepared for Natural Events worksheet. Complete a worksheet for at least two natural events most likely to happen near where you live.**

Meeting Plan

Does this take one Meeting to complete – or more? This is easily done in a single 60 minute session.

PREPARATION (and materials needed): Read the My Safety Adventure in the Webelos Handbook.

- Determine how you will do the Video and safety requirements. Options are:
  - Video and home safety at home with parents (Requirements 1, 2 + 3), and Den Meeting built around the learning about natural events and safety. Probably plus a game or sport for fun.
  - Do video and all at the Den Meeting: be sure you have computer, internet connection, projector and screen.
  - Either way, be sure to let the parents know whether you're watching this at a Den Meeting (some may want to opt out and do it at home) or tell the parents they need to watch this at home.
    - If you need a form of message to the parents, a form is here at the bottom of this page.
- For Activity 2, determine in your meeting place where you might find hazardous materials (at a school, you might enlist the help of staff – hopefully they can explain how they safely store items).
- For Activity 3, the "Safe at Home and in your Meeting Space" activity, print copies of this Safe Space Checklist. You can use this longer checklist too. If meeting in a home, a "Healthy Home Checklist" is here.

GATHERING: A "gathering" activity is to keep Scouts occupied as the rest of the den arrives. *What you do will depend on your location and leadership resources*.

- Use gathering time to connect with adults and "share the leader load": everyone can help with something! A good approach is for different parents (or teams) to share the "lead" of parts of the Adventure below.

OPENING: (Parent leader: _____) An Opening ceremony says, "we've begun" and helps set the tone.

- Maybe: a simple ceremony you like that includes the Pledge of Allegiance and the Scout Oath and/or Law.

ACTIVITIES (See also other Activities linked at Adventure Resources – use those if you like them):

Activity Intro: (Parent leader: _____) As you move into Activities, have some "talk time" where you (1) discuss today's Adventure activities (what you'll do, how you'll do it – share in a way to get the Scouts excited) and (2) let each of the Scouts share "what's new" with them and get to know each other better.

Activity 1: Protect Yourself! (Requirement 1: *"With permission from your parent or legal guardian, watch the Protect Yourself Rules video for the Webelos rank."***)** (Parent leader: _____)

The video is found at vimeo.com/901242653



Activity 2: Home Hazards (Requirement 2: *"Identify items in your house that are hazardous and make sure they are stored properly. Identify on the package where it describes what to do if someone is accidentally exposed to them."***)** (Parent leader: _____)

- Discuss with the Scouts the various hazard symbols and what they mean.
- You can also do a meeting place inspection (with any needed approval from the staff of where you meet). Common hazardous materials include cleaning products, furniture polish, air fresheners, gardening products, oven cleaner, paint, pesticides, motor oil, insecticides.
  - At your meeting place, you might invite building staff to assist you as you locate hazardous items.
    - They can show how they safely store those in your space.
  - Locate any information on the products that describes the hazard or poison.
    - If needed, place an appropriate label on the item.

Flammable – contents that may easily catch file or cause a fire.



Poison – the Poison Health Line 1-800-222-1222 that can assist if you suspect someone has been poisoned. Tell Scouts that they should have the container available when calling the hotline.



Corrosive – contents may cause metals and other materials to break down. It will cause skin to burn and damage the eyes.



  - In Case of Emergency – call 911 for any other hazards or if unsure of what to do.

Activity 3: Safe at Home and in your Meeting Space (Requirement 3: *"Identify ways you and your family keep your home or your meeting space safe."***)** (Parent leader: _____)

- Using the either the Webelos Handbook or the Scouting Meeting Location Inspection Checklist, have buddy groups of Scouts walk through the meeting space and check off the safety items found.
  - The Checklist is at https://filestore.scouting.org/filestore/pdf/mpinsp.pdf. A shorter one is here.
- After completing the checklist, have everyone come together to discuss the safety components of the meeting space. Identify items that may be a safety concern.

🔶Activity 4: Emergency Preparedness (Requirement 4: *"Complete the Be Prepared for Natural Events worksheet. Complete a worksheet for at least two natural events most likely to happen near where you live."*) (Parent leader: _____)

- Using the Webelos Handbook or the "Be Prepared for Natural Events" resource found in the Be Prepared for Natural Events activity card, discuss the types of natural events that may occur like:
  - Hurricanes, Tornadoes, Earthquakes, Flooding, Mudslides, Tsunamis, Wildfires.
- Determine which of these natural events may occur in your local area.
  - Ask Scouts about how they and their families can be prepared for those events.
  - And about how to keep yourself safe if the event occurs – what to do during the event.
  - Ask Scouts to discuss and review their plans with their families.

🔶Activity 5: [*OPTION*: Fun Game We Like (Parent leader: _____): You might want to play a game or some other Fun Activity you like. Some ideas here. NOTE: the fun game doesn't' need to be connected to today's Adventure topic – it can just be FUN!

CLOSING: A Closing ceremony ends the meeting and highlights the achievements. A Den leader can reflect on the meeting + praise Scouts for specific good actions today. Thank every Parent who helped.

- If you have them, award Pins to all who completed the requirements. Maybe end with a "Living Circle".

AFTER THE MEETING: Clean up as needed. Share refreshments if that's what you like.

Upon completion of this Adventure, your Webelos will have earned the Adventure Pin for it. Make sure they are recognized for their completion by presenting the Adventure Pins as soon as possible according to your pack's tradition. Text or email all Den parents to share these resources for future reference and so parents of Scouts who could not attend may complete this Adventure from home.

ADVENTURE RESOURCES: Den Meeting Resources and "Activity Card" options for this Adventure are found at https://www.scouting.org/cub-scout-adventures/my-safety/. Those resources include the Snapshot of Adventure (included above), a "Safety Moment" of tips and links about doing this safely, and, for each Requirement, one or more "Activity Cards" you can click on for an activity to complete the Requirement.

Those "Activity Card" pages are linked below – along with the "Key" scoring of (a) whether the Activity must be done Outdoors, may be done Indoors, or involves Travel; (b) how much Energy Scouts will generate; (c) How "Supply Intensive"; and (d) Prep Time – those last 3 categories are scored on a 1 to 5 scale, with 5 being "most". Note that while that website page says "Choose one of the following" before the "Activity Cards", what that means is "Choose one of the following – *or do some other activity that will meet the Requirement*", because the Requirements are required, not the Activity Cards. In the Assembled Den Meeting Plan above we have adapted some of what's below or other ways to complete the requirement in easier ways.

1. **With permission from your parent or legal guardian, watch the Protect Yourself Rules video for the Webelos rank.**
   - Protect Yourself Video Webelos (Indoor; **1** of 5 Energy; **2** of 5 Supplies; **2** of 5 Prep Time)
2. **Identify items in your house that are hazardous and make sure they are stored properly. Identify on the package where it describes what to do if someone is accidentally exposed to them.**
   - Hazard Labels (Indoor; **3** of 5 Energy; **2** of 5 Supplies; **2** of 5 Prep Time)
   - Safe Hazardous Material Storage (Indoor; **2** of 5 Energy; **2** of 5 Supplies; **2** of 5 Prep Time)
3. **Identify ways you and your family keep your home or your meeting space safe.**
   - Safe Den Meeting Checklist (Indoor; **3** of 5 Energy; **2** of 5 Supplies; **2** of 5 Prep Time)
   - Safe Home Safety Checklist (Indoor; **2** of 5 Energy; **2** of 5 Supplies; **2** of 5 Prep Time)
4. **Complete the Be Prepared for Natural Events worksheet. Complete a worksheet for at least two natural events most likely to happen near where you live.**
   - Be Prepared for Natural Events (Indoor; **3** of 5 Energy; **2** of 5 Supplies; **2** of 5 Prep Time)